



Wednesday, 22nd April 2026

Dear Parents,

RSE and PSHE constitute an extremely important part of our well-rounded education. I attach the detailed curriculum overview for the whole subject which outlines how we fulfil our statutory obligation to teach these key subjects.

The 'Changing Me' puzzle piece is covered in the second half of the summer term across the whole school. Please do take a moment to read this section and familiarise yourself with the language that we will be using at school with the children. The vocabulary is in line with the PSHE curriculum covered by all schools across the country.

In Years 1 and 2 we will be using the vocabulary penis, testicles, vulva, vagina and anus. Some language the children will be familiar with and some less so. The language and level of detail will be along the lines of, for example, the vulva is the name for the outside parts of a female's private parts, and the vagina is the channel just inside.

Sex education for primary school age children is not compulsory therefore you have the right to withdraw your child from these lessons. We will be covering sex education lessons in the second half of the summer term in Year 6. The 2 x 35 min lessons will take place between Monday 22nd June and Thursday 2nd July and will appear on your Valedictory timetable when it is circulated.

We have made sure that the material is age appropriate and will be using a script provided by Jigsaw along these lines:

'It's amazing how a baby starts to grow when a man's sperm and a woman's ovum meet and join together. This can happen when a grown-up man and woman share an especially close and loving embrace which allows the sperm to be released through the penis into the vagina. People refer to this as 'making love' or 'having sex' or sexual intercourse (children will probably have heard these expressions before, but may not really understand what sexual intercourse really means). It's an intimate, loving and very private part of a grown-up relationship.

From the vagina, the sperm can swim through the womb/uterus into the tubes that lead from the ovaries. If they meet an egg/ ovum there, one of them may 'fertilise' it - join with it so that it starts growing into a baby. This is called conception. The fertilised egg settles into the soft lining of the mother's womb, where it will grow until it is big enough to be born after 40 weeks (9 months). The baby will get half of its genes from the mother's egg/ovum and half its genes from the father's sperm.'

If you would like to discuss any of these lessons, please do not hesitate to contact me. If you would like to exercise your right to withdraw your child from the Year 6 sex education lessons, there is a form to complete, which we will send to you on request. This is also available on our website.

All other parts of the PSHE and RSE curriculums are statutory and therefore there is no right to withdraw your child from those lessons, however, please do let me know if you have any questions at all and I would be very pleased to answer them.

Kind regards,

Pippa Moody
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