



Wednesday, 18th March 2026

Dear Year 5 and 6 parents,

Each year, for Year 5 and 6 children, we facilitate 'Relationships, Sex and Health' education. We are delighted to welcome Debbie from 'It Happens' back to Ripley Court to lead the session. Please click on the link below for more information about "It Happens Education".

[It Happens Education \(RSHE for Schools\) | Healthy Relationships & Positive Sex Ed](#)

On Wednesday 22nd April, Debbie will be running sessions with the children covering the following topics:

Year 5

Your Private Body

- Being curious about bodies
- Body image & pressure (to include sexting)
- Breasts & chests
- Genitals & correct terminology
- Looking after your private body
- What to do if you are worried...

Year 6

The Adolescent Body: Puberty

- Puberty – your questions answered
- Feelings & Pleasure
- Male puberty explained
- Menstrual wellbeing
- Puberty products & the environment
- Know your normal, ask for help...

Debbie is running a parent webinar on Monday, 20th April from 7pm until 8pm. In the webinar, Debbie will talk you through what she will be covering with the children that week, how to support your child and answering any questions you may have.

A link to the meeting is below:

Microsoft Teams meeting

Join: <https://teams.microsoft.com/meet/34328933347910?p=RuINw5o6cY89iNGWeb>

Meeting ID: 343 289 333 479 10

Passcode: ni3Kd3Rr

Please do let me know if you have any questions. We look forward to seeing you at the webinar.

Kind regards,

Pippa Moody
Head of PSHE