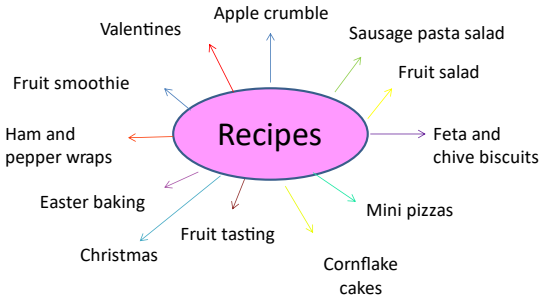
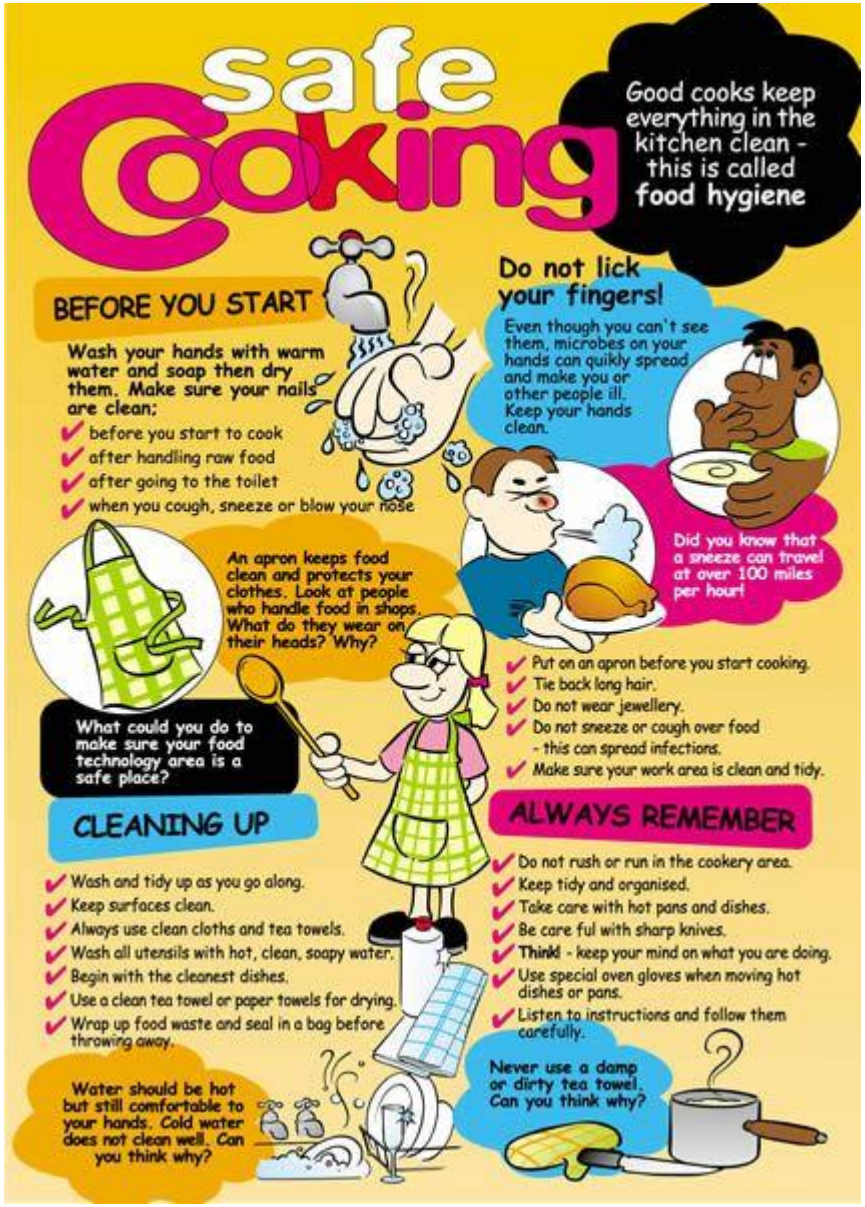
Knowledge Organiser: Food Technology

Year 2

Key vocabulary	
Bridge method	A safe way to cut (see below)
Claw method	A safe way to slice (see below)
Eatwell guide	To outline recommendations on eating healthily and achieving a balanced diet.
Rubbing in method	The process of rubbing fat (butter, lard, margarine) into flour with your fingertips.
Appearance	How something looks
Texture	How something feels in the mouth
Flavour	What it tastes like





Bridge hold

Claw hold

Skills

- Bridge method
- Claw method
- Rubbing in
- Rolling out
- Shaping
- Following a recipe
- Weighing and measuring