




# Ripley Court School Lunch Menu




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1					
The Main Event	<b>LITTLE ITALY</b> MACARONI CHEESE WITH A CRUNCHY BACON TOPPING	<b>PECK OF THE BUNCH</b> CHICKEN + RED ONION PITTA WITH A MINT YOGHURT	<b>BOMBAY DAY</b> MILD BEEF + COCONUT CURRY	<b>VIVA ESPANIA</b> CHICKEN + SPICY SAUSAGE PAELLA	<b>UNDER THE SEA</b> FISH OF THE DAY
Meat Free Zone	PASTA BOWS WITH AUBERGINE, TOMATOES + MOZZARELLA	MIXED BEAN ENCHILADAS	SWEET POTATO, CORIANDER + CHICKPEA CURRY	CARNIVAL VEGETABLE PAELLA	FARFALLE PASTA WITH SUMMER VEGETABLES
And To Go With	GARLICKY FINGERS  FRUITY COLESLAW	PARSLEY NEW POTATOES  FRESH BROCCOLI	EGG NOODLES  POPPADOMS + CHUTNEYS	FRESH GREEN BEANS  MIXED LEAF SALAD	SWEETCORN + SUGAR SNAP PEAS DUO
Scrummy Puds	OATIE COOKIE	APPLE PIE + CREAM	HOMEMADE CHOCOLATE YOGHURT	JELLY + FRESH FRUIT	JAM + CREAM SCONES

Available Daily: 100% Fresh Salad Selection.....Fresh Fruit Platter.....Homemade Yoghurt with Fruity Toppings



# Ripley Court School Lunch Menu




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 2					
The Main Event	<p><b>TAKE &amp; BAKE</b></p> <p>BACON, CHEESE &amp; POPPY SEED PUFFS</p>	<p><b>CHINA TOWN</b></p> <p>TANGY SWEET &amp; SOUR CHICKEN</p>	<p><b>MAMA MIA</b></p> <p>PASTA BOLOGNAISE</p>	<p><b>CHOP-TASTIC</b></p> <p>ROASTED PORK STEAKS WITH FENNEL &amp; GARLIC</p>	<p><b>TURKISH DELIGHT</b></p> <p>FRUITY MOROCCAN LAMB</p>
Meat Free Zone	<p>CHEESE, TOMATO &amp; POPPY SEED PUFFS</p>	<p>ORIENTAL VEGETABLE STIRFRY</p>	<p>PASTA IN A FRESH TOMATO &amp; BASIL SAUCE</p>	<p>CAULIFLOWER CHEESE WITH A WHOLEMEAL TOPPING</p>	<p>PEPPERS FILLED WITH SPICY CHICKPEAS &amp; COUS-COUS</p>
And To Go With	<p>BUTTERED NEW POTATOES</p> <p>BROCCOLI FLORETS</p>	<p>SOYA EGG NOODLES</p> <p>CHINESE VEGETABLES</p>	<p>GARLIC &amp; HERB BREAD</p> <p>GRATED CHEESE</p>	<p>JACKET POTATOES</p> <p>SUMMER SALADS</p>	<p>HERBY DICED POTATOES</p> <p>BATON CARROTS WITH ROASTED CARAWAY SEEDS</p>
Scrummy Puds	<p>GOOEY CHOCOLATE PUDDING</p>	<p>FRUIT &amp; HONEY FLAPJACK</p>	<p>SUMMERFRUIT SMOOTHIES</p>	<p>APPLE &amp; ORANGE DUFF</p>	<p>CINNAMON &amp; SULTANA MUFFINS</p>

Available Daily: 100% Fresh Salad Selection.....Fresh Fruit Platter.....Homemade Yoghurt with Fruity Toppings



# Ripley Court School Lunch Menu




 Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Event	<b>PERFECT PIES</b> CHICKEN & SUMMER VEGETABLE PIE	<b>RIB TICKLERS</b> STICKY PORK RIBS	<b>TEX MEX</b> BEEF FAJITAS WITH PEPPERS & ONIONS	<b>CHICKADEE</b> CORONATION CHICKEN	<b>MEZZE MADNESS</b> LAMB MOUSSAKA WITH A CHEESE CRUST
Meat Free Zone	FIELD MUSHROOMS WITH GARLIC & STILTON	LIME & HONEY VEGETABLE MARINATED KEBABS	ROASTED VEGETABLE FAJITAS	CREAMY MUSHROOM STROGANOFF	GREEK BUTTER BEANS IN A TOMATO SAUCE
And To Go With	BUTTERED NEW POTATOES FRENCH GREEN BEANS	OODLES OF NOODLES MANGE TOUT WITH SOYA & POPPY SEEDS	FLUFFY RICE SOUR CREAM TOMATO SALSA	JACKET WEDGES MIXED LEAF	WARM WHOLEMEAL PITTA FINGERS GREEK SALAD
Scrummy Puds	ZESTY LEMON SPONGE	APPLE & BANANA CRISP	ETON MESS	GINGER & PEAR CAKE	CHOCOLATE CRUNCH

Available Daily: 100% Fresh Salad Selection.....Fresh Fruit Platter.....Homemade Yoghurt with Fruity Toppings



# Ripley Court School Lunch Menu



					
Week 4					
The Main Event	<b>THE ITALIAN JOB</b> CHICKEN & BASIL MEATBALLS IN A TOMATO SAUCE	<b>THE CARVERY</b> HONEY BAKED ROAST HAM & PINEAPPLE	<b>SPICY DAYS</b> THAI GREEN TURKEY CURRY	<b>FRUITY DELIGHTS</b> TANGY LAMB STRIPS	<b>ALL BEEF TO ME!</b> BEEF LASAGNE
Meat Free Zone	TUSCAN BEAN STEW	BREADED VEGETABLE CUTLET	QUORN, BROCCOLI & FRESH CORIANDER STIRFRY	LENTILS & AUBERGINES IN A BBQ SAUCE	ROASTED RED PEPPER QUICHE
And To Go With	PENNE PASTA CRUNCHY ITALIAN SALAD	BUTTERED NEW POTATOES FRENCH BEANS WITH TOMATOES	PILAU RICE TOMATO, LIME & CORIANDER SALSA	NOODLES WITH SUGARSNAP PEAS & RED PEPPERS	TOMATO & HERB BREAD FRESH BATON CARROTS
Scrummy Puds	GOOEY ORANGE PUDDING	CHOCOLATE BAKEWELL TART	BANANA LOAF	STRAWBERRY & CREAM SHORTBREAD	ICED COFFEE CAKE

Available Daily: 100% Fresh Salad Selection.....Fresh Fruit Platter.....Homemade Yoghurt with Fruity Toppings