




# Ripley Court School Lunch Menu




	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1					
The Main Event	<b>DAY FROM RAJ</b> CREAMY CHICKEN KORMA	<b>CRACKING CRACKLING</b> ROAST PORK	<b>PERFECT PIES</b> BEEF & WINTER VEGETABLE PIE	<b>A WOOLLY DISH</b> LAMB LASAGNE	<b>SAUSAGE SHOP</b> OVEN BAKED SAUSAGES
Meat Free Zone	HONEY ROAST PARSNIP KORMA	WINTER VEGETABLE STEW	MUSHROOM & FRESH HERB CRUMBLE	TOMATO & GOATS CHEESE QUICHE	QUORN SAUSAGES
And To Go With	FLUFFY RICE CHUTNEYS	ROAST POTATOES PEAS BUTTERED CARROTS	GREEN BEANS NEW POTATOES	HOMEBAKED BREAD SWEETCORN	CREAMY MASH BAKED BEANS
Scrummy Puds	GOOEY BAKED SYRUP SPONGE	CHOCOLATE & CRANBERRY COOKIE	BANANA CUSTARD	MANDARIN SPONGE	PLUM & BERRY CRUMBLE

Available Daily: 100% Fresh Salad Selection.....Fresh Fruit Platter.....



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Week 2	<b>SWEDISH SURPRISE</b> SWEDISH TURKEY MEATBALLS	<b>DON'T BE PIGGY</b> STICKY BBQ PORK	<b>WHAT A LOAD OF...</b> LAMB COBBLER	<b>ALL BEEF TO ME!</b> ROAST BEEF	<b>MAMA MIA!</b> CHICKEN & PESTO PASTA BAKE
The Main Event	CRISPY TOFU & GINGER STIR FRY	CHILLI BEAN CASSEROLE	SPINACH & MUSHROOM FILO PARCELS	STUFFED BUTTERNUT SQUASH	ROAST VEGETABLE RATAOUILLE
Meat Free Zone	OODLES OF NOODLES BROCCOLI FLORETS	SAVOURY RICE GRATED CARROT & CUMIN	NEW POTATOES BATON CARROTS	ROAST POTATOES SWEETCORN MANGETOUT	FRESHLY BAKED BREAD SELECTION OF SEASONAL VEGETABLES
And To Go With	CHOCOLATE MARBLE SPONGE	DATE SLICE & VANILLA SAUCE	RICE PUDDING & LASHINGS OF JAM	LEMON LOVECAKE	MUD PIE
Scrummy Puds					

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Week 3					
The Main Event	<b>YANKEE DOODLE DO</b> TEXAN PORK & BEANS	<b>TUESDAY ROAST</b> ROAST LAMB	<b>HUNGARIAN DELIGHTS</b> BEEF GOULASH	<b>BELLISIMO</b> PASTA CARBONNARA	<b>CHILLI DAYS</b> CHILLI CON CARNE
Meat Free Zone	CAJUN VEGETABLE KEBABS	LEEK, MUSHROOM & BLUE CHEESE STROGANOFF	CRUNCHY VEGETABLE CRUMBLE	SPANISH STYLE TORTILLA	POTATO & RED ONION CHILLI
And To Go With	VEGETABLE WRAPS CAJUN SPIKED RICE	ROAST POTATOES SAUTE CABBAGE & BATON CARROTS	NEW POTATOES SWEETCORN	TOSSED SALAD HOMEBAKED BREAD	FLUFFY RICE CORN CHIPS HOME-MADE SALSA
Scrummy Puds	WARM GINGER PARKIN	OATIE COOKIE & FRESH FRUIT	BANANA & CHOCOLATE MUFFIN	SPICED APPLE SPONGE & CUSTARD	CHOCOLATE SLICE

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 4					
The Main Event	<b>TRADS</b> COTTAGE PIE	<b>CHICKADEE</b> ROAST CHICKEN & SAGE STUFFING	<b>CHINA TOWN</b> BEEF & PEPPERS IN BLACK BEAN SAUCE	<b>LUCKY CLOVER</b> LAMB & PEARL BARLEY STEW	<b>UNDER THE SEA</b> FISH OF THE DAY
Meat Free Zone	AUBERGINE & MOZZARELLA STACKS	BUTTERNUT SQUASH & PEARL BARLEY RISOTTO	QUORN & SPRING ONION STIR FRY	ROAST VEGEETABLE & HERB TURNOVER	LENTIL CAKES WITH A POLENTA COATING
And To Go With	SLICED GREEN BEANS	ROAST POTATOES BATON CARROTS	FLUFFY RICE BEANSPROUT SALAD	MUSTARD MASH	MINTED PEAS
Scrummy Puds	LEMON & POPPY SEED SPONGE WITH VANILLA SAUCE	GREEK YOGHURT & SHORTBREAD BISCUIT	ECCLES SQUARE & CUSTARD	STICKY APRICOT FLAPJACK	APPLE & PEAR CRUMBLE CAKE

Available Daily: 100% Fresh Salad Selection.....Fresh Fruit Platter.....